
A letter to the future

Worksheet 3

The last wishes of family members are honoured and respected in our society.

A letter to the future is your opportunity to tell your survivors how you would like to be remembered, and how you would like your relative with a disability to be cared for.

This is not an easy letter to write. Think of it as the letter you might write in the middle of the night when you can't sleep. Be frank about your hopes and fears. Tell those who will survive you what's most important to you.

Dear _____,

With love,