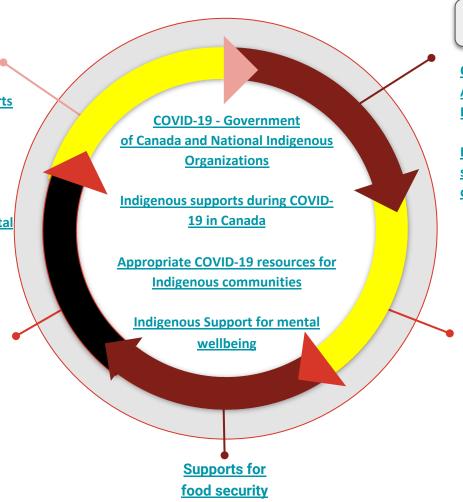
## **First Nations**

- Tips for Mental Wellness
- Mental Health & Cultural Supports
   (B.C)
- Public Health Ottawa
- Thunder Bay District Health Unit
- <u>First Nation COVID-19 supports</u> <u>Ontario</u>
- Healing centre & COVID-19 Mental Health Intake Support

Supports for Metis Nations

- British Columbia
- Alberta
- Saskatchewan
- Manitoba
- Ontario



Inuit

COVID-19 Supports

Available To Urban

Inuit Organizations

Harvesting Program supporting Inuit way of life

Indigenous Sexual and
Reproductive Health during
COVID-19

Telus Internet supports for Indigenous persons with disabilities during COVID-19

**For Indigenous Youth**